

MIERCURI 05.11.2025 Sediu Central	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe250ml, Unt10g cas 100g,masline 0,60g chifle 1buc (60g)		Ciorba de dovlecei 300ml, parjoale marinate, 150g, piure de cartofi 150g,salata varza as 150g.Chifle 1 buc (60g) Produs congelat(carne de pasare)	Placinta cu mere	Mamaliga cu branza si smantana250g, ,ceai de fructe 250ml,chifla 1 buc	
R5 COMUN	Ceai de fructe250ml, Unt10g cas 100g,ou fiert chifle 1buc (60g)		Ciorba de dovlecei 300ml, parjoale marinate, 150g, piure de cartofi 250g,salata varza as 150g.Chifle 1 buc (60g) Produs congelat(carne de pasare)	Placinta cu mere	Mamaliga cu branza si smantana 250g, ,ceai de fructe 250ml, hifla 1 buc	
R4 HEPATIC	Ceai de fructe 250ml, Unt10g cas 100g ou fiert,chifle 1 buc (60g)	Mar 140g	Supa poloneza 300ml,pulpe inferioare la tava 110g Piure de cartofi 150g Chifle 1 buc (60g)Produs congelat(carne de pasare)	Mar 140g	Mamaliga cu branza si smantana250g,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	
R3 ULCER	Lapte 250ml,unt 10g,,cas 100g, ou fiert,chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava 110g Piure de cartofi 150g Chifle 1 buc (60g)Produs congelat(carne de pasare)		Sote de legume 250g, pulpe superioare 110gceai de fructe 250ml, chifla 1 buc (60g)Produs congelat (carne de pasare,fasole verde)	
R6 RENAL	Ceai de fructe 250ml,unt 10g,gem 20g cas 100g .chifle 1 buc (60g)		Supa poloneza 300ml, Piure de cartofi 1 150g Chifle 1 buc (60g)		Mamaliga cu branza si samntana 250g, ,ceai de fructe 250ml,chifla 1 buc (60g)	
R9 COLITA	Ceai de fructe 250ml,unt10g, Br.top 2b , cas100g,chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava 110g Piure de cartofi 250g Chifle 1 buc (60g)Produs congelat(carne de pasare)		Sote legume 250g,pulpe superioare 110g ,ceai de fructe 250ml, chifla 1 buc (60g)Produs congelat (carne de pasare,fasole verde)	
R8 HIPOCALOR IC	Lapte 250ml, unt 10g cas 100g,chifla 1 buc (60g)	Mar 150g	Supa poloneza 300ml,pulpe inferioare la tava 110g Piure de cartofi 250g Chifle 1 buc (60g)Produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza si smantana 250g,ceai de fructe 250ml, chifla 1 buc (60g)	
R FARA SARE	Ceai de fructe 250ml, Unt10g, cas 100g ,gem 20g Ou fiert Chifle 1buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava 110g Piure de cartofi 250g Chifle 1 buc (60g)Produs congelat(carne de pasare)	Placinta cu mere	Sote legume250g,,pulpe superioare110g,ceai de fructe 250ml, chifla 1 buc (60g)Produs congelat (carne de pasare,fasole verde)	
R7 180HC	Lapte 250ml, unt 10g cas 100g,ou fiert Br.topita 2 buc Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml, parjoale marinate, 150g, piure de cartofi 250g, salata varza as 150g.Chifle 1 buc (60g) Produs congelat(carne de pasare)	Mar 160g	Mamalaiga cu branza si smantana 250g, ,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	
R7 200HC	Lapte 250ml, unt 10g cas 100g,ou fiert Br.topita 2 buc Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml, parjoale marinate, 150g,pire de cartofi 250g,salata varza as 150g.Chifle 1 buc (60g) Produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza si smantana 250g, ,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	Cas 100g,
R7 INSULINA	Lapte 250ml, unt 10g cas 100g,ou fiert Br.topita 2 buc Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml, parjoale marinate, 150g, piure de cartofi250g, salata varza as 150g.Chifle 1 buc (60g) Produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza si smantana 250g, ,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	Cas 100g

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