

MIERCURI 01.04.2026 Sediu Central	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe 250ml, Unt 10g cas 100g, omleta chifle 1 buc (60g)		Ciorba taraneasca 300ml, Parjoale 110g, cartofi nature 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare)	Placinta cu mere	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc	
R5 COMUN	Ceai de fructe 250ml, Unt 10g cas 100g, omleta chifle 1 buc (60g)		Ciorba taraneasca 300ml, Parjoale 110g, cartofi nature 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare)	Placinta cu mere	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc	
R4 HEPATIC	Ceai de fructe 250ml, Unt 10g cas 100g ou fiert, chifle 1 buc (60g)	Mar 140g	Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 140g	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc, cascaval 100g	
R3 ULCER	Lapte 250ml, unt 10g, cas 100g, ou fiert, chifle 1 buc (60g)		Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe inferioare la tava 110g, ceai de fructe 250ml, chifla 60g 1 buc produs congelat (carne de pasare,)	
R6 RENAL	Ceai de fructe 250ml, unt 10g, ou fiert, chifle 1 buc (60g)		Supa poloneza 300ml, Cartofi natur 200g Chifle 1 buc (60g)		Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc,	
R9 COLITA	Ceai de fructe 250ml, unt 10g, Br. top 2b, cas 100g, chifle 1 buc (60g)		Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe inferioare la tava 110g, ceai de fructe 250ml, chifla 60g 1 buc produs congelat (carne de pasare,)	
R8 HIPOCALOR IC	Lapte 250ml, unt 10g cas 100g, ou fiert chifla 1 buc (60g)	Mar 150g	Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc,	
FARA LACTOZA	Ceai de fructe 250ml, ou fiert, crenwusti 100g, chifla 60g 1 buc		Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe inferioare la tava 110g, ceai de fructe 250ml, chifla 60g 1 buc produs congelat (carne de pasare,)	
R FARA SARE	Ceai de fructe 250ml, Unt 10g, cas 100g, Ou fiert Chifle 1 buc (60g)		Supa poloneza 300ml, pulpe inferioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Placinta cu mere	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc,	
R7 180HC	Lapte 250ml unt 10g, cas 100g ou fiert, br. top 2b Chifle 1 buc (60g)	Mar 150g	Ciorba taraneasca 300ml, Parjoale 110g, cartofi nature 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc, cascaval 100g	
R7 200HC	Lapte 250ml unt 10g, cas 100g ou fiert, br. top 2b Chifle 1 buc (60g)	Mar 150g	Ciorba taraneasca 300ml, Parjoale 110g, cartofi nature 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc, cascaval 100g	Cas 100g,
R7 INSULINA	Lapte 250ml unt 10g, cas 100g ou fiert, br. top 2b Chifle 1 buc (60g)	Mar 150g	Ciorba taraneasca 300ml, Parjoale 110g, cartofi nature 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza si smanatana 200g ceai de fructe 250ml, chifla 60g 1 buc, cascaval 100g	Cas 100g