

MIERCURI 26.11.2025 SEDIUL CENTRAL	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe250ml, Unt10g br.top 2b,ou ochi 100g chifle 1buc (60g)		Ciorba taraneasca 300mlparjoale marinate 110g,cartofi nature 250g,,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare,carne de porc)	Prajitura	Mamaliga cu branza 200g,ceai de fructe 250ml,	
R5 COMUN	Ceai de fructe250ml, Unt10g br.top 2b,ou ochi 100g chifle 1buc (60g)		Ciorba taraneasca 300mlparjoale marinate 110g,cartofi nature 250g,,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare,carne de porc)	Prajitura	Mamaliga cu branza 200g,ceai de fructe 250ml,	
R4 HEPATIC	Ceai de fructe 250ml, Unt10g cas 100g ou fiert,chifle 1 buc (60g)	Mar 140g	Supa cu legume 300ml,pulpe superioare la tava 110g Cartofi natur 250g Chifle 1 buc (60g)produs congelat(carne de pasare)	Mar 140g	Mamaliga cu branza 200g,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	
R3 ULCER	Lapte 250ml,unt 10g,,cas 100g, ou fiert,chifle 1 buc (60g)		Supa cu legume 300ml,pulpe superioare la tava 110g Cartofi natur 250g Chifle 1 buc (60g)produs congelat(carne de pasare)		Sote legume 250g,pulpe superioare la tava 110g, ceai de fructe 250ml,chifla 1 buc (60g)	
R6 RENAL	Ceai de fructe 250ml,unt 10g,ou fiert .chifle 1 buc (60g)		Supa cu legume 300ml, Cartofi natur 250g Chifle 1 buc (60g)		Mamaliga cu branza 200g,ceai de fructe 250ml,	
R9 COLITA	Ceai de fructe 250ml,unt10g, Br.top 2b , cas100g,chifle 1 buc (60g)		Supa cu legume 300ml,pulpe superioare la tava 110g Cartofi natur 250g Chifle 1 buc (60g)produs congelat(carne de pasare)		Sote legume 250g,pulpe superioare la tava 110g, ceai de fructe 250ml,chifla 1 buc (60g)	
R8 HIPOCALOR IC	Lapte 250ml, unt 10g cas 100g,chifla 1 buc (60g)	Mar 150g	Supa cu legume 300ml,pulpe superioare la tava 110g Cartofi natur 250g Chifle 1 buc (60g)produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza 200g,ceai de fructe 250ml,	
R FARA SARE	Ceai de fructe 250ml, Unt10g, cas 100g ,gem 20g Ou fiert Chifle 1buc (60g)		Supa cu legume 300ml,pulpe superioare la tava 110g Cartofi natur 250g Chifle 1 buc (60g)produs congelat(carne de pasare)	Prajitura	Mamaliga cu branza 200g,ceai de fructe 250ml,	
R7 180HC	Lapte 250ml unt 10g, cascaval 100g ou fiert, br.top 2b Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300mlparjoale marinate 110g,cartofi nature 250g,,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare,carne de porc)	Mar 160g	Mamaliga cu branza 200g,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	
R7 200HC	Lapte 250ml unt 10g, cascaval 100g ou fiert, br.top 2b Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300mlparjoale marinate 110g,cartofi nature 250g,,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare,carne de porc)	Mar 160g	Mamaliga cu branza 200g,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	Cas 100g,

R7 INSULINA	Lapte 250ml unt 10g, cascaval 100g ou fiert, br.top 2b Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300mlparjoale marinate 110g,cartofi nature 250g.,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare,carne de porc)	Mar 160g	Mamaliga cu branza 200g,ceai de fructe 250ml,cascaval 100g chifla 1 buc (60g)	Cas 100g
----------------	---	-------------	---	----------	---	-------------

--