VINERI 06.11.2026 Sediul central	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe250ml, Unt10g masline 60g cas 100g chifle 1buc (60g)		Ciorba taraneasca 300ml mancare de cartofi 200g,pulpe inferioare la tava 110g,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare)	prajitura	ceai de fructe 250ml,mamaliga cu branza 200g	
R5 COMUN	Ceai de fructe250ml, Unt10g masline 60g cas 100g chifle 1buc (60g)		Ciorba taraneasca 300ml mancare de cartofi 200g,pulpe inferioare la tava 110g,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare)	prajitura	ceai de fructe 250ml,mamaliga cu branza 200g	
R4 HEPATIC	Ceai de fructe 250ml, Unt10g cas 100g Gem 20g,chifle 1 buc (60g)	Mar 140g	Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	Mar 140g	Mamaliga cu branza 200g cascaval 100g ceai de fructe 250ml	
R3 ULCER	Lapte 250ml,unt 10g,,cas 100g, chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)		Cartofi natur 200g, pulpe superioare la gratar 110g,ceai de fructe 250ml produs congelat(carne de pasare)	
R6 RENAL	Ceai de fructe 250ml,unt 10g,br.vaci 100g.chifle 1 buc (60g)		Supa poloneza 300ml, Sote de legume 200g Chifle 1 buc		ceai de fructe 250ml,mamaliga cu branza 200g	
R9 COLITA	Ceai de fructe 250ml,unt10g, Br.top 2b , cas100g,chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)		Cartofi natur 200g, pulpe superioare la gratar 110g,ceai de fructe 250ml produs congelat(carne de pasare)	
R8 HIPOCALORIC	Lapte 250ml, unt 10g cas 100g,chifla 1 buc (60g)	Mar 150g	Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	Mar 160g	ceai de fructe 250ml,mamaliga cu branza 200g	
R FARA SARE	Ceai de fructe 250ml, Unt10g, br.vaci 100g , gem 20g Chifle 1buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	prajitura	ceai de fructe 250ml,mamaliga cu branza 200g	
R7 180HC	Lapte 250ml, unt 10g br.top 2b Masline 60g,,cas 100g Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300ml mancare de cartofi 200g,pulpe inferioare la tava 110g,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza 200g cascaval 100g ceai de fructe 250ml	
R7 200HC	Lapte 250ml, unt 10g br.top 2b Masline 60g,,cas 100g Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300ml mancare de cartofi 200g,pulpe inferioare la tava 110g,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza 200g cascaval 100g ceai de fructe 250ml	Cas 100g,
R7 INSULINA	Lapte 250ml, unt 10g br.top 2b Masline 60g,,cas 100g Chifle 1buc(60g)	Mar 150g	Ciorba taraneasca 300ml mancare de cartofi 200g,pulpe inferioare la tava 110g,salata varza as.150g Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Mamaliga cu branza 200g cascaval 100g ceai de fructe 250ml	Cas 100g