VINERI 09.10.2026 Sediul central	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe250ml, Unt10g masline 60g cas 100g castraveti chifle 1buc (60g)		Ciorba de dovlecei 300ml ardei umpluti Chifle 1 buc (60g) produs congelat(carne de pasare)	prajitura	Cartofi gratinati 200g,ceai de fructe 250ml	
R5 COMUN	Ceai de fructe250ml, Unt10g masline 60g cas 100g castraveti chifle 1buc (60g)		Ciorba de dovlecei 300ml ardei umpluti Chifle 1 buc (60g) produs congelat(carne de pasare)	prajitura	Cartofi gratinati 200g,ceai de fructe 250ml	
R4 HEPATIC	Ceai de fructe 250ml, Unt10g cas 100g Gem 20g,chifle 1 buc (60g)	Mar 140g	Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	Mar 140g	Cartofi gratinati 200g,ceai de fructe 250ml ,cascaval 100g buc,chifla 60g 1 buc	
R3 ULCER	Lapte 250ml,unt 10g,,cas 100g, chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)		Cartofi gratinati 200g,ceai de fructe 250ml	
R6 RENAL	Ceai de fructe 250ml,unt 10g,br.vaci 100g.chifle 1 buc (60g)		Supa poloneza 300ml, Sote de legume 200g Chifle 1 buc		Cartofi gratinati 200g,ceai de fructe 250ml	
R9 COLITA	Ceai de fructe 250ml,unt10g, Br.top 2b , cas100g,chifle 1 buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)		Cartofi gratinati 200g,ceai de fructe 250ml	
R8 HIPOCALORIC	Lapte 250ml, unt 10g cas 100g,chifla 1 buc (60g)	Mar 150g	Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	Mar 160g	Cartofi gratinati 200g,ceai de fructe 250ml	
R FARA SARE	Ceai de fructe 250ml, Unt10g, br.vaci 100g , gem 20g Chifle 1buc (60g)		Supa poloneza 300ml,pulpe inferioare la tava110g Sote de legume 200g Chifle 1 buc produs congelat (carne de pasare)	prajitura	Cartofi gratinati 200g,ceai de fructe 250ml	
R7 180HC	Lapte 250ml, unt 10g br.top 2b Masline 60g,castraveti Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml ardei umpluti Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Cartofi gratinati 200g,ceai de fructe 250ml ,cascaval 100g buc,chifla 60g 1 buc	
R7 200HC	Lapte 250ml, unt 10g br.top 2b Masline 60g,castraveti Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml ardei umpluti Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Cartofi gratinati 200g,ceai de fructe 250ml ,cascaval 100g buc,chifla 60g 1 buc	Cas 100g,
R7 INSULINA	Lapte 250ml, unt 10g br.top 2b Masline 60g,castraveti Chifle 1buc(60g)	Mar 150g	Ciorba de dovlecei 300ml ardei umpluti Chifle 1 buc (60g) produs congelat(carne de pasare)	Mar 160g	Cartofi gratinati 200g,ceai de fructe 250ml ,cascaval 100g buc,chifla 60g 1 buc	Cas 100g