

VINERI 13.02.2026 SEDIUL CENTRAL	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe 250ml, Unt 10g cascaval 100g, masline 60g chifle 1 buc (60g)		Ciorba de fasole verde 300ml pulpe superioare de pui 110g, Mancare de cartofi 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare, fasole verde)	Salam de biscuiti	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml	
R5 COMUN	Ceai de fructe 250ml, Unt 10g cascaval 100g, masline 60g chifle 1 buc (60g)		Ciorba de fasole verde 300ml pulpe superioare de pui 110g, Mancare de cartofi 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare, fasole verde)	Salam de biscuiti	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml	
R4 HEPATIC	Ceai de fructe 250ml, Unt 10g cas 100g, br. vaci 100g , chifle 1 buc (60g)	Mar 140g	Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 140g	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml, cas 100g, chifla 60g 1 buc	
R3 ULCER	Lapte 250ml, unt 10g, br. vaci 100g, chifle 1 buc (60g)		Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe superioare la tava 110g, ceai de fructe 250ml Chifle 1 buc (60g) Produs congelat (carne de pasare)	
R6 RENAL	Ceai de fructe 250ml, unt 10g, gem 20g, br. vaci 100g , chifle 1 buc (60g)		Supa poloneza 300ml, Cartofi natur 200g Chifle 1 buc (60g)		Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml	
R9 COLITA	Ceai de fructe 250ml, unt 10g, Br. top 2b, cas 100g, chifle 1 buc (60g)		Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe superioare la tava 110g, ceai de fructe 250ml Chifle 1 buc (60g) Produs congelat (carne de pasare)	
R8 HIPOCALOR IC	Lapte 250ml, unt 10g cas 100g, masline 60g chifla 1 buc (60g)	Mar 150g	Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml	
FARA LACTOZA	Ceai de fructe 250ml, gem 20g, masline 60g, chifla 60g, 1 buc		Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)		Sote de legume 200g, pulpe superioare la tava 110g, ceai de fructe 250ml Chifle 1 buc (60g) Produs congelat (carne de pasare)	
R FARA SARE	Ceai de fructe 250ml, Unt 10g, br. vaci 100g, gem 20g Chifle 1 buc (60g)		Supa poloneza 300ml, pulpe superioare la tava 110g Cartofi natur 200g Chifle 1 buc (60g) produs congelat (carne de pasare)	Salam de biscuiti	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml	
R7 180HC	Lapte 250ml, unt 10g cascaval 100g, Masline 60g Chifle 1 buc (60g)	Mar 150g	Ciorba de fasole verde 300ml pulpe superioare de pui 110g, Mancare de cartofi 200g, salata varza 150g Chifle 1 buc (60g) produs congelat (carne de pasare, fasole verde)	Mar 160g	Mamaliga cu branza si smanatana 200g, ceai de fructe 250ml, cascaval 100g, chifla 60g 1 buc	
R7 200HC	Lapte 250ml,	Mar	Ciorba de fasole verde 300ml	Mar 160g	Mamaliga cu branza si	Cas

	unt 10g cascaval 100g, Masline 60g Chifle 1buc(60g)	150g	pulpe superioare de pui 110g,Mancare de cartofi 200g.,salata varza 150g Chifle 1 buc (60g) produs congelat(carne de pasare.,fasole verde)		smanatana 200g,ceai de fructe 250ml,cascaval 100g,chifla 60g 1 buc	100g,
R7 INSULINA	Lapte 250ml, unt 10g cascaval 100g, Masline 60g Chifle 1buc(60g)	Mar 150g	Ciorba de fasole verde 300ml pulpe superioare de pui 110g,Mancare de cartofi 200g.,salata varza 150g Chifle 1 buc (60g) produs congelat(carne de pasare.,fasole verde)	Mar 160g	Mamaliga cu branza si smanatana 200g,ceai de fructe 250ml,cascaval 100g,chifla 60g 1 buc	Cas 100g