

VINERI 06.03.2026 SEDIUL CENTRAL	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA 21
MEDIC DE GARDA	Ceai de fructe 250ml, Unt 10g cas 100g, gem, br. top 2b chifle 1 buc (60g)		Ciorba de porc 300ml parjoale marinate 110g, cartofi nature 250g, salata varza as. 150g Chifle 1 buc (60g) produs congelat (carne de pasare, carne de porc)	Salam de biscuiti	Mamaliga cu branza 200g, ceai de fructe 250ml	
R5 COMUN	Ceai de fructe 250ml, Unt 10g cas 100g, gem, br. top 2b chifle 1 buc (60g)		Ciorba de porc 300ml parjoale marinate 110g, cartofi nature 250g, salata varza as. 150g Chifle 1 buc (60g) produs congelat (carne de pasare, carne de porc)	Salam de biscuiti	Mamaliga cu branza 200g, ceai de fructe 250ml	
R4 HEPATIC	Ceai de fructe 250ml, Unt 10g cas 100g Gem 20g, chifle 1 buc (60g)	Mar 140g	Supa cu fidea 300ml, pulpe inferioare la tava 110g Cartofi natur 250g Chifle 1 buc produs congelat (carne de pasare)	Mar 140g	Mamaliga cu branza 200g, ceai de fructe 250ml, br. top 2 buc, chifla 60g 1 buc	
R3 ULCER	Lapte 250ml, unt 10g, cas 100g, chifle 1 buc (60g)		Supa cu fidea 300ml, pulpe inferioare la tava 110g Cartofi natur 250g Chifle 1 buc produs congelat (carne de pasare)		Sote de legume 200g, Pulpe superioare la tava 110g ceai de fructe 250ml, chifla 60g 1 buc produs congelat (carne de pasare)	
R6 RENAL	Ceai de fructe 250ml, unt 10g, br. vaci 100g, chifle 1 buc (60g)		Supa cu fidea 300ml, Cartofi natur 250g Chifle 1 buc (60g)		Mamaliga cu branza 200g, ceai de fructe 250ml	
R9 COLITA	Ceai de fructe 250ml, unt 10g, Br. top 2b, cas 100g, chifle 1 buc (60g)		Supa cu fidea 300ml, pulpe inferioare la tava 110g Cartofi natur 250g Chifle 1 buc produs congelat (carne de pasare)		Sote de legume 200g, Pulpe superioare la tava 110g ceai de fructe 250ml, chifla 60g 1 buc produs congelat (carne de pasare)	
R8 HIPOCALOR IC	Lapte 250ml, unt 10g cas 100g, chifla 1 buc (60g)	Mar 150g	Supa cu fidea 300ml, pulpe inferioare la tava 110g Cartofi natur 250g Chifle 1 buc produs congelat (carne de pasare)	Mar 160g	Mamaliga cu branza 200g, ceai de fructe 250ml	
R FARA SARE	Ceai de fructe 250ml, Unt 10g, br. vaci 100g, gem 20g Chifle 1 buc (60g)		Supa cu fidea 300ml, pulpe inferioare la tava 110g Cartofi natur 250g Chifle 1 buc produs congelat (carne de pasare)	Salam de biscuiti	Mamaliga cu branza 200g, ceai de fructe 250ml	
R7 180HC	Lapte 250ml, unt 10g cas 100g, Masline 60g Chifle 1 buc (60g)	Mar 150g	Ciorba de porc 300ml parjoale marinate 110g, cartofi nature 250g, salata varza as. 150g Chifle 1 buc (60g) produs congelat (carne de pasare, carne de porc)	Mar 160g	Mamaliga cu branza 200g, ceai de fructe 250ml, br. top 2 buc, chifla 60g 1 buc	
R7 200HC	Lapte 250ml, unt 10g cas 100g, Masline 60g Chifle 1 buc (60g)	Mar 150g	Ciorba de porc 300ml parjoale marinate 110g, cartofi nature 250g, salata varza as. 150g Chifle 1 buc (60g) produs congelat (carne de pasare, carne de porc)	Mar 160g	Mamaliga cu branza 200g, ceai de fructe 250ml, br. top 2 buc, chifla 60g 1 buc	Cas 100g,
R7 INSULINA	Lapte 250ml, unt 10g cas 100g, Masline 60g Chifle 1 buc (60g)	Mar 150g	Ciorba de porc 300ml parjoale marinate 110g, cartofi nature 250g, salata varza as. 150g Chifle 1 buc (60g) produs congelat (carne de pasare, carne de porc)	Mar 160g	Mamaliga cu branza 200g, ceai de fructe 250ml, br. top 2 buc, chifla 60g 1 buc	Cas 100g