

Vineri 12.12.2025 SEDIUL OTOPENI	MIC DEJUN	ORA 10	PRANZ	ORA 16	CINA	ORA21
R5 COMUN	Ceai 300 ml,Unt10g, Ou fiert, masline 50g ,cas 100g, branza topita 2 buc , chifle 2 buc (120g)	Eugenia				
R4 HEPATIC	Lapte 250 ml, Unt10g ,gem 20g ,masline 50g, cas 100g ,ou fiert branza topita 2 buc ,chifle 2 buc (120g)	Mar copt 140g				
R3 ULCER	Lapte 250 ml,unt10g Ou fiert,masline 50g cas 100g,branza de vaci 70g , branza topita 2 buc chifle 2 buc (120g)	Eugenia				
R6 RENAL	Ceai 300 ml,Unt10g, Ou fiert, masline 50g , cas 100g , chifle 2 buc (120g)	Eugenia				
R9 COLITA	Ceai 300 ml,unt 10g, ou fiert, cas100g, branza de vaci 70g ,chifle 2 buc (120g)	Eugenia				
R8 HIPOCALORIC	Lapte 250 ml ,Ou fiert, cas 100g , Masline 50g, chifle 1buc (60g)	Mar 150g				
HIPOSODAT	Ceai 300 ml,Unt10g, Ou fiert, masline 50g ,cas 100g , branza topita 2 buc chifle 2 buc (120g)	Eugenia				
R7 180HC	Lapte 250 ml,unt10g, ou fiert,cascaval 100g Masline 50g , cas 100g , branza topita 2 buc chifle 1buc (60g)	Mar 150g				
R7 200HC	Lapte 250 ml,unt10g, ou fiert,cascaval 100g Masline 50g , cas 100g , branza topita 2 buc chifle 1buc (60g)	Mar 150g				

R7 INSULINA	Lapte 250 ml,unt10g, ou fiert,cascaval 100g Masline 50g , cas 100g , branza topita 2 buc chifle 1buc (60g)	Mar 150g				
POST	Ceai 300 ml,maseline 50g ,gem 20g ,sote de legume , chifle 2 buc (120g)	Mar 150g				
MEDIC GARDA	Ceai 300 ml,Unt10g, Ou fiert, masline 50g ,cas 100g ,gem 20g , branza topita 2 buc chifle 2 buc (120g)	Eugenia				