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|------------------------|--------------------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------|-----------------------------------------------------------------------------------------------|--------------|
| MIERCURI<br>29.10.2025 | MIC DEJUN                                                                            | ORA<br>10   | PRANZ                                                                                                                                | ORA 16              | CINA                                                                                          | ORA<br>21    |
| MEDIC DE<br>GARDA      | Ceai de fructe250ml, Unt10g<br>cas 100g,omleta cu cascaval<br>100g chifle 1buc (60g) |             | Ciorba taraneasca 300ml, spaghetti<br>milaneze 250g. Chifle 1 buc<br>(60g)produs congelat_(carne de<br>pasare,carne de porc)         | Placinta cu<br>mere | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,                                              |              |
| R5 COMUN               | Ceai de fructe250ml, Unt10g<br>cas 100g,omleta cu cascaval<br>100g chifle 1buc (60g) |             | Ciorba taraneasca 300ml, spaghetti<br>milaneze 250g. Chifle 1 buc<br>(60g)produs congelat_(carne de<br>pasare,carne de porc)         | Placinta cu<br>mere | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,                                              |              |
| R4 HEPATIC             | Ceai de fructe 250ml,<br>Unt10g cas 100g<br>ou fiert,chifle 1 buc (60g)              | Mar<br>140g | Supa poloneza 300ml,pulpe<br>superioare la tava 110g<br>Sote de legume 250g<br>Chifle 1 buc (60g)produs<br>congelat(carne de pasare) | Mar 140g            | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,cascaval 100g<br>chifla 1 buc (60g)           |              |
| R3 ULCER               | Lapte 250ml,unt 10g,.,cas<br>100g, ou fiert,chifle 1 buc<br>(60g)                    |             | Supa poloneza 300ml,pulpe<br>superioare la tava 110g<br>Sote de legume 250g<br>Chifle 1 buc (60g)produs<br>congelat(carne de pasare) |                     | Sote legume 250g,pulpe<br>superioare la tava 110g, ceai de<br>fructe 250ml,chifla 1 buc (60g) |              |
| R6 RENAL               | Ceai de fructe 250ml,unt<br>10g,gem 20g cas 100g .chifle<br>1 buc (60g)              |             | Supa poloneza 300ml,<br>Sote de legume 250g<br>Chifle 1 buc (60g)                                                                    |                     | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,                                              |              |
| R9 COLITA              | Ceai de fructe 250ml,unt10g,<br>Br.top 2b , cas100g,chifle 1<br>buc (60g)            |             | Supa poloneza 300ml,pulpe<br>superioare la tava 110g<br>Sote de legume 250g<br>Chifle 1 buc (60g)produs<br>congelat(carne de pasare) |                     | Sote legume 250g,pulpe<br>superioare la tava 110g, ceai de<br>fructe 250ml,chifla 1 buc (60g) |              |
| R8<br>HIPOCALOR<br>IC  | Lapte 250ml, unt 10g<br>cas 100g,chifla 1 buc (60g)                                  | Mar<br>150g | Supa poloneza 300ml,pulpe<br>superioare la tava 110g<br>Sote de legume 250g<br>Chifle 1 buc (60g)produs<br>congelat(carne de pasare) | Mar 160g            | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,                                              |              |
| R FARA<br>SARE         | Ceai de fructe 250ml,<br>Unt10g, cas 100g ,gem 20g<br>Ou fiert<br>Chifle 1buc (60g)  |             | Supa poloneza 300ml,pulpe<br>superioare la tava 110g<br>Sote de legume 250g<br>Chifle 1 buc (60g)produs<br>congelat(carne de pasare) | Placinta cu<br>mere | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,                                              |              |
| R7 180HC               | Lapte 250ml,<br>unt 10g cas 100g,omleta cu<br>cascaval 100g<br>Chifle 1buc(60g)      | Mar<br>150g | Ciorba taraneasca 300ml, spaghetti<br>milaneze 250g. Chifle 1 buc<br>(60g)produs congelat_(carne de<br>pasare,carne de porc)         | Mar 160g            | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,cascaval 100g<br>chifla 1 buc (60g)           |              |
| R7 200HC               | Lapte 250ml,<br>unt 10g cas 100g,omleta cu<br>cascaval 100g<br>Chifle 1buc(60g)      | Mar<br>150g | Ciorba taraneasca 300ml, spaghetti<br>milaneze 250g. Chifle 1 buc<br>(60g)produs congelat_(carne de<br>pasare,carne de porc)         | Mar 160g            | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,cascaval 100g<br>chifla 1 buc (60g)           | Cas<br>100g, |
| R7<br>INSULINA         | Lapte 250ml,<br>unt 10g cas 100g,omleta cu<br>cascaval 100g<br>Chifle 1buc(60g)      | Mar<br>150g | Ciorba taraneasca 300ml, spaghetti<br>milaneze 250g. Chifle 1 buc<br>(60g)produs congelat_(carne de<br>pasare,carne de porc)         | Mar 160g            | Mamaliga cu branza 200g,ceai<br>de fructe 250ml,cascaval 100g<br>chifla 1 buc (60g)           | Cas<br>100g  |