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| Vineri<br>31.10.2025  | MIC DEJUN                                                                                                    | ORA<br>10   | PRANZ                                                                                                                                                     | ORA 16                        | CINA                                                                              | ORA<br>21    |
| MEDIC<br>GARDA        | Ceai de fructe 250ml,<br>Unt10g terina de pui cu<br>ficat 100g castraveti<br>br topita1b<br>Chifla 60g,1 buc |             | Ciorba de cartofi 300ml,<br>Ardei umpluti 200g<br>,chifla 60g 1buc<br>Produs congelat (carne de<br>pasare)                                                | Salam de<br>biscuiti 100<br>g | Salata orientala 250g, ceai.de<br>fructe 250ml chifla 60g 1<br>buc                |              |
| R5 COMUN              | Ceai de fructe 250ml,<br>Unt10g terina de pui cu<br>ficat 100g castraveti<br>br topita1b<br>Chifla 60g,1 buc |             | Ciorba de cartofi 300ml,<br>Ardei umpluti 200g<br>,chifla 60g 1buc<br>Produs congelat (carne de<br>pasare)                                                | Salam de<br>biscuiti 100<br>g | Salata orientala 250g, ceai.de<br>fructe 250ml chifla 60g 1<br>buc                |              |
| R4 HEPATIC            | Ceai 250ml, Unt10g ,gem<br>20g,cas100g,<br>Chifla 60g,1buc                                                   | Mar<br>140g | Supa cu fidea 300ml,<br>Pulpe inferioare la tava 110g,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (carne de<br>pasare,fasole verde) | Mar 140g                      | Salata orientala 250g, ceai.de<br>fructe 250ml ,cascaval 100g<br>chifla 60g 1 buc |              |
| R3 ULCER              | Lapte 250ml ,Unt10g,<br>Cas 100g,br.vaci 100g<br>Chifla 60g,1buc,                                            |             | Supa cu fidea 300ml,<br>Pulpe inferioare la tava 110g,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (carne de pasa                    |                               | Salata orientala 250g, ceai.de<br>fructe 250ml , chifla 60g 1<br>buc              |              |
| R6 RENAL              | Ceai 250ml,unt 10g,<br>br.vaci 50g,chifla<br>60g,1buc,castraveti                                             |             | Supa cu fidea 300ml,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (fasole verde                                                       |                               | Salata orientala 250g, ceai.de<br>fructe 250ml , chifla 60g 1<br>buc              |              |
| R9 COLITA             | Ceai 250ml,unt 10g<br>Cas100g,br.vaci 100g<br>Chifla 60g,1buc,                                               |             | Supa cu fidea 300ml,<br>Pulpe inferioare la tava 110g,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (carne de<br>pasare,fasole verde) |                               | Salata orientala 250g, ceai.de<br>fructe 250ml , chifla 60g 1<br>buc              |              |
| R8<br>HIPOCALOR<br>IC | Lapte250ml ,br topita2b,<br>60g,castraveti ,chifla1buc                                                       | Mar<br>160g | Supa cu fidea 300ml,<br>Pulpe inferioare la tava 110g,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (carne de<br>pasare,fasole verde) | Mar 160g                      | Salata orientala 250g, ceai.de<br>fructe 250ml , chifla 60g 1<br>buc              |              |
| R FARA<br>SARE        | Ceai 250ml, Unt10g<br>cas100g,gem 20g<br>Chifla 60g,1 buc,castraveti                                         |             | Supa cu fidea 300ml,<br>Pulpe inferioare la tava 110g,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (carne de<br>pasare,fasole verde) | Salam de<br>biscuiti 100<br>g | Salata orientala 250g, ceai.de<br>fructe 250ml , chifla 60g 1<br>buc              |              |
| R7 180HC              | Lapte 250ml,unt 10g,<br>Castraveti terina de pui cu<br>ficat 100g br topita 2b,<br>chifla 60g 1 buc,         | Mar<br>160g | Ciorba de cartofi 300ml,<br>Ardei umpluti 200g<br>,chifla 60g 1buc<br>Produs congelat (carne de<br>pasare)                                                | Mar 160g                      | Salata orientala 250g, ceai.de<br>fructe 250ml ,cascaval 100g<br>chifla 60g 1 buc |              |
| R7 200HC              | Lapte 250ml,unt 10g,<br>Castraveti terina de pui cu<br>ficat 100g br topita 2b,<br>chifla 60g 1 buc,         | Mar<br>160g | Ciorba de cartofi 300ml,<br>Ardei umpluti 200g<br>,chifla 60g 1buc<br>Produs congelat (carne de<br>pasare)                                                | Mar 160g                      | Salata orientala 250g, ceai.de<br>fructe 250ml ,cascaval 100g<br>chifla 60g 1 buc | Cas<br>100g, |

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| R7<br>INSULINA                   | Lapte 250ml,unt 10g,<br>Castraveti terina de pui cu<br>ficat 100g br topita 2b,<br>chifla 60g 1 buc, | Mar<br>160g | Ciorba de cartofi 300ml,<br>Ardei umpluti 200g<br>,chifla 60g 1buc<br>Produs congelat (carne de<br>pasare) | Mar 160g | Salata orientala 250g, ceai.de<br>fructe 250ml ,cascaval 100g<br>chifla 60g 1 buc | Cas<br>100g, |
| LACTO-<br>OVO-<br>VEGETA<br>RIAN | Lapte 250ml,unt<br>10g,br.top<br>2b,castraveti,chifla 60g 1b                                         |             | Supa cu fidea 300ml,<br>Sote fasole verde 250 g,chifla<br>60g 1buc                                         |          | Salata orientala 250g<br>chifla 60g 1 buc<br>,compot as.250ml                     |              |
| POST                             | Ceai 250ml, cartofi<br>fierti,masline 60g,<br>Chifla 60g 1 buc,castraveti                            |             | Supa cu fidea 300ml,<br>sote fasole verde 250 g,chifla<br>60g 1buc<br>Produs congelat (,fasole verde)      |          | Salata orientala 250g<br>chifla 60g 1 buc<br>,ceai de fructi 250ml                |              |

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